Course : Become a coach trainer

The six tools of coaching for trainers

Practical course - 2d - 14h00 - Ref. FCH

Price : 1310 € E.T.

NEW

By integrating coaching tools into your training courses, you'll be able to support your participants more effectively. You'll be able to set an optimal development framework and empower them to ensure that training objectives are met. You'll learn how to broaden your range of interpersonal skills and handle delicate situations.

Teaching objectives

At the end of the training, the participant will be able to:

- Defining training objectives
- Developing active listening skills
- Perfecting your questioning
- Anchoring your training posture
- Using a systemic approach to manage delicate situations

Intended audience

Trainers, workshop leaders, instructional designers, educational managers.

Prerequisites

No

Practical details

Hands-on work

Methodological exercises, role-playing, case studies, sharing best practices, building an action plan.

Teaching methods

Active teaching

Course schedule

PARTICIPANTS

Trainers, workshop leaders, instructional designers, educational managers.

PREREQUISITES

No

TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more.
Participants also complete a placement test before and after the course to measure the skills they've developed.

TEACHING AIDS AND TECHNICAL RESOURCES

• The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
• At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
• A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

1 Draw up a contract to define the individual training objective

- Developing co-responsibility
- Mettre en place des règles de bon fonctionnement
- Raising awareness of the need for change
- Encourage participants to set a training objective

Exercise
Formulating a training objective

2 Use active listening to guarantee the support process

- Sécuriser la demande de formation
- Create and maintain a trainer/participant bond
- Staying focused on the other person
- Providing constructive feedback

Exercise
Workshop: developing active listening skills

3 Effective questioning to encourage progress

- Setting objectives
- Organizing the process during the support period
- Clarify the participant's role in the training session
- Contextualizing requests

Exercise
Workshop: practicing strategic questioning

4 Successful accompaniment thanks to the 3 P's (permission, protection, power)

- Granting permissions
- Protecting the group and individuals
- Develop your power as a trainer
- Improve your practice of relationship fundamentals

Exercise
Workshop: running mini-training sequences

5 An introduction to the systemic approach to managing delicate situations

- Discover the 4 positions of life
- Clarify personal and collective roles and challenges
- Understanding group phenomena: resistance and hidden issues
- Integrating the emotional dimension

Storyboarding workshops
Shared cases: managing and solving tricky interventions

TERMS AND DEADLINES
Registration must be completed 24 hours before the start of the training.

ACCESSIBILITY FOR PEOPLE WITH DISABILITIES
Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at psh-accueil@orsys.fr to review your request and its feasibility.

6 Draw up an individual action plan to project yourself and move forward

- Take stock of yourself and capitalize on your training experience
- Acter les missions à mettre en place
- Name the ideas to be developed
- Facing up to resistance and encouraging action

Exercise
Build your action plan

Dates and locations

REMOTE CLASS
2026 : 25 June, 8 Oct., 10 Dec.

PARIS LA DÉFENSE
2026 : 25 June, 8 Oct., 10 Dec.