

Course : Adobe Premiere Pro, video editing and compression

Practical course - 3d - 21h00 - Ref. DEO

Price : 1390 € E.T.

★★★★★ 4,8 / 5

BEST

You'll learn how to use Adobe Premiere Pro to produce professional-quality video clips. You'll gain an overview of the video production workflow, from video capture to clip export for distribution on a variety of media.

Teaching objectives

At the end of the training, the participant will be able to:

- ✓ Learn the basics of video editing
- ✓ Mastering video acquisition and importing sources
- ✓ Composing montages with audio sources and titling module
- ✓ Produce a montage with splices and clip cuts
- ✓ Export edits in popular video formats

Intended audience

Multimedia project managers, webmasters, journalists, video technicians, anyone who handles video files.

Prerequisites

No special knowledge required.

Practical details

Hands-on work

Video images from the professional world to create video content as seen on Web TV or news websites.

Course schedule

PARTICIPANTS

Multimedia project managers, webmasters, journalists, video technicians, anyone who handles video files.

PREREQUISITES

No special knowledge required.

TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more. Participants also complete a placement test before and after the course to measure the skills they've developed.

TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

1 Premiere Pro project introduction

- General production flow.
- Overview of the equipment required for the video.
- Customization of the work interface.
- User preferences and project backups.

Hands-on work

Discussion of production workflows. Analysis of the characteristics of supplied video images to define a suitable editing configuration for a video project.

2 Video acquisition, rush import, media organization

- Video acquisition and source import.
- Acquisition window. Folder creation.
- Media display modes. Storyboard mode.

Hands-on work

Import video sources.

3 Source debugging

- Presentation of working techniques for reviewing sources.
- Source and program windows.
- Navigation tools for viewing clips.

Hands-on work

Clear video sources.

4 Assembly techniques and tools

- 2, 3 and 4-point mounting.
- Fittings and clip cutting.
- Element and sequence markers.

Hands-on work

Handling the tool palette.

5 Audio and video transitions

- Application of audio and video transitions.
- Effect options window. Default transitions and duration.
- Work area and audio/video rendering.

Hands-on work

Test transitions and audio and video effects on timeline clips.

6 Audio sources and titling module

- Audio level and volume control.
- Track type (mono, stereo, 5.1).
- Adobe titling window.

Hands-on work

Creation of titles for interviews.

TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at psh-accueil@orsys.fr to review your request and its feasibility.

7 Freeze frame and element speed

- Freeze function.
- Speed of an element.
- Time remapping.

Hands-on work

Manipulate the speed of video elements (forward, backward, freeze frame).

8 Voice-over and video export

- Voice-over editing and enhancement.
- Export and distribution formats.

Hands-on work

Encoding parameters.

Dates and locations

PARIS LA DÉFENSE

2026 : 18 May, 24 June, 14 Sep., 7 Oct., 16 Nov.,
7 Dec.

LUXEMBOURG

2026 : 18 May, 16 Nov.