

# Course : Managing Alzheimer's disease

*Practical course - 3d - 21h00 - Ref. SAG*

*Price : 1230 € E.T.*

In the absence of a cure for Alzheimer's disease, the aim is to provide comprehensive, individualized and early care for the patient through a plan of care and assistance. This training course will enable you to improve the care and management of your patients, and provide the best possible support for their families and friends, while protecting you from burnout.

## Teaching objectives

At the end of the training, the participant will be able to:

- ✓ Update your knowledge of pathology and disease progression
- ✓ Care and support for patients and their families
- ✓ Integrating patients' behavioral problems into day-to-day management
- ✓ Providing significant help to relatives by proposing concrete, coherent solutions

## Intended audience

Nurses and orderlies.

## Prerequisites

No special knowledge required.

## Practical details

### Hands-on work

Alternating theoretical and practical input, role-playing and clinical case studies.

## Course schedule

### PARTICIPANTS

Nurses and orderlies.

### PREREQUISITES

No special knowledge required.

### TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

### ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more.

Participants also complete a placement test before and after the course to measure the skills they've developed.

### TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

## 1 Alzheimer's disease and its main relational difficulties

- Understanding the disease and its memory disorders.
- Epidemiology, incidence, prevalence, triggering factors.
- Screening, etiology, physiopathology.
- Follow the recommendations of the neurodegenerative diseases plan and the 2020 roadmap.
- Anticipate the progression of dementia and the different types of care available.
- Diagnosing the disease.

### Hands-on work

Discussions on everyday problems. Group work on manifestations of the disease. Analysis of specific cases.

#### TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

#### ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at psh-accueil@orsys.fr to review your request and its feasibility.

## 2 Pain mechanisms in patient-caregiver communication

- The concept of pain and its manifestations without words.
- Distinguish between different evaluation scales.

### Hands-on work

Role-playing. Debriefing.

## 3 Care and management

- Choose the right path for the patient and ensure optimal care.
- Implement a care action plan adapted to patients and in line with the recommendations of the Haute Autorité de santé.
- Introduce the support approach on a daily basis.
- Identify communication barriers and establish effective communication.
- Apply assessment scales according to the situation encountered.

### Hands-on work

Reflection on the patient pathway to ensure optimal care. Debriefing. Role-playing exercises and analysis of concrete cases of day-to-day support. Group work on care situations based on participants' own practices. Activity based on assessment scales.

## 4 Monitoring and emergency care

- Dealing with emergencies and refusal of care.
- Anticipating the ethical issues raised by the disease.
- Prevent the main complications and their consequences: running away, falls, incontinence, malnutrition, dehydration, etc.

### Hands-on work

Quiz. Jeux de rôle sur des situations de surveillance. Études de cas concrets en groupe et recherche de solutions. Analyse des retours d'expérience.

## 5 The needs of the patient's family and immediate environment

- Identify the profile of caregivers and the consequences for their support.
- Understanding the disruption of family dynamics.
- Getting to grips with the Zarit assessment scale: purpose and aim.
- Understand the importance and role of the discussion group.

### Hands-on work

Quizzes. Analysis of real-life caregiver profiles. Discussions of relational difficulties. Analysis of scales.

## 6 Care without exhaustion

- Understand the importance of the helping relationship with the family.
- Se préserver de l'épuisement professionnel et du stress.
- Restoring the dynamics of care.
- Develop your professional skills to provide care and support without burning out.
- Therapeutic workshops.

### Hands-on work

Case studies.