

# Course : Supportive care and end of life

*Practical course - 3d - 21h00 - Ref. SAX*

*Price : 1230 € E.T.*

Accompanying patients at the end of life is a matter of good professional practice and requires a multidisciplinary approach. This training course will enable you to develop your knowledge of the multiple and specific needs of patients at the end of life, to define the role of each member of a multidisciplinary team, and to develop your skills in supporting these patients.

## Teaching objectives

At the end of the training, the participant will be able to:

- ✔ Managing and responding to the specific needs of patients at the end of life
- ✔ Supporting the dying and their families in accordance with professional ethics and current legislation
- ✔ Understanding and assessing the different components of pain
- ✔ Ensure appropriate hygiene and comfort care for patients at the end of life

## Intended audience

All nursing staff.

## Prerequisites

No special knowledge required.

## Practical details

### Hands-on work

Alternating theoretical and practical inputs. Case studies, role-playing, clinical case studies and analysis of professional practices.

## Course schedule

### PARTICIPANTS

All nursing staff.

### PREREQUISITES

No special knowledge required.

### TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

### ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more.

Participants also complete a placement test before and after the course to measure the skills they've developed.

### TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

## 1 Legal and regulatory framework

- Know palliative care and its successive development plans.
- Understanding the legal framework: from the Léonetti law of April 22, 2005 to the Claeys-Leonetti law of February 2, 2016.
- Engage in ethical reflection by putting the right words on practices.
- Rely on collegial procedures and the use of deep and continuous sedation.
- Preventing over-treatment and unreasonable investigations.
- Follow treatment discontinuation procedure.
- Integrate the role of support volunteers.

### Hands-on work

Exchanges on participants' regulatory knowledge.

#### TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

#### ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at psh-accueil@orsys.fr to review your request and its feasibility.

## 2 Multidisciplinary teamwork

- Collaborate as part of a multidisciplinary team.
- Define and define the missions of the hospital palliative care unit (USPH).
- Organizing care in the USPH.

### Hands-on work

Discussions on comprehensive care for people at the end of life.

## 3 The physical needs of the patient at the end of life

- Take into account the specific needs of people at the end of life: nutrition, hygiene, pressure sores, pain, etc.
- Identify the various symptoms associated with the end of life: digestive, urinary and respiratory symptoms, etc.
- Monitor and adapt care according to patient progress.
- Interdisciplinary communication and consultation meetings.

### Hands-on work

Clinical case studies on pain and agitation, followed by nausea and urinary retention. Debriefing. Analysis of urinary catheter and oxygen practices.

## 4 The psychological needs of patients and their families

- Follow the support and psychological approach to palliative care patients.
- Valuing the time left to live and respecting patients' choices.
- Identify and understand the 6 psychic states of the dying person.
- Detect conversational interference and communicate more accurately through non-verbal communication.
- Managing stress and emotions in the face of death.
- Understand the grieving process, its stages and aggravating factors.
- Supporting loved ones.

### Hands-on work

Role-playing communication with a patient experiencing various psychological difficulties. Debriefing as a whole group.

## 5 The palliative care approach

- Reflect on professional practice and on the approach to palliative care in all its dimensions.
- Distinguish between the palliative approach and the final support phase.
- Familiarize yourself with existing service protocols and standard care plan guides.

### Hands-on work

Work in pairs to develop a framework for the palliative care approach.  
Pooling and correction.