

Course : Reinforce your leadership, theater workshop

Practical course - 2d - 14h00 - Ref. FFL

Price : 1590 CHF E.T.

★★★★☆ 4,9 / 5

Exploring and applying theatrical techniques to develop and assert your leadership skills is the aim of this theater workshop. You'll learn how to measure the impact of your behavior and communication, identify the way your colleagues operate, and encourage their involvement.

Teaching objectives

At the end of the training, the participant will be able to:

- ✓ Identify your relationship profile
- ✓ Identify and modify your beliefs and perceptions
- ✓ Develop your verbal and physical fluency
- ✓ Boost your self-confidence and persuasiveness
- ✓ Explain your objectives and decisions to involve your employees

Intended audience

Anyone in a leadership or management position, or managers wishing to revitalize their leadership and breathe new life into their teams.

Prerequisites

No special knowledge required.

Practical details

Hands-on work

Situational exercises, role-playing, participant case studies, group or sub-group discussions.

Course schedule

1 Get to know your personality better

- Identify different personality types.
- Recognize your own profile.
- Strengthening leadership.

Exercise

Self-diagnosis. Collective and individual reflection.

PARTICIPANTS

Anyone in a leadership or management position, or managers wishing to revitalize their leadership and breathe new life into their teams.

PREREQUISITES

No special knowledge required.

TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more.

Participants also complete a placement test before and after the course to measure the skills they've developed.

2 Theatrical techniques to develop interpersonal skills

- Measure the gaps between "what I think I show and what is perceived".
- Accept differences in perception.
- Identify and modify beliefs.
- Overcoming differences and blockages.
- Resolve conflict situations.

Role-playing

Fun exercises.

3 Theatrical techniques to enhance your impact with your teams

- Identify the contributions and motivations of employees.
- Adapt messages to suit situations and individuals.
- Explain your objectives.
- Adapt your behavior to share your vision, explain decisions and encourage involvement.

Exercise

Situational exercises and role-playing.

4 Experimenting with leadership

- Daring and commitment: learning to put yourself on stage.
- Mobilize resources to deal with unexpected situations.
- Use your history: experience, hindsight...
- Discover yourself and your potential.

Exercise

Role-playing exercises based on participants' real-life situations: informal and formal.

5 Theatrical techniques for taking control of your communication

- Communicating with your being: EPI (emotional, physical, intellectual).
- Bodily ease: dynamism, fluidity, ability to speak with the body.
- The gaze, the first vector of exchange.
- Identify, accept and manage your emotions.
- Strengthen your confidence in yourself and in others.

Exercise

Playful exercises, practice on typical situations encountered by participants: face-to-face and group situations.

6 Leadership in all situations

- Strengthen your ability to convince and coach.
- Develop your creativity.
- Be realistic in your expectations.
- Ensure team cohesion.

Role-playing

Practical exercises based on playful situations.

TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at psh-accueil@orsys.fr to review your request and its feasibility.

