

PMP®, preparation for certification

Hands-on course of 5 days - 35h

Ref.: PPC - Price 2025: 3 160 (excl. taxes)

The price for the 2026 session dates may be revised

The Project Management Institute is an international organization that promotes a set of best practices in project management. This training will equip you with the essential practices and tools needed in the PMP® certification process. You will be prepared for the exam through various activities and discussions organized by the PMI around the themes of “processes,” “people,” and “business environment.” ORSYS is an Authorized Training Partner (ATP) of the PMI. The PMI® Authorized Training Partner logo is a registered trademark of the Project Management Institute, Inc.

EDUCATIONAL OBJECTIVES

At the end of the training, the trainee will be able to:

Understand the full range of project management knowledge areas.

Apply project management techniques across all PMI knowledge areas.

Prepare for the PMP® certification exam through targeted questions.

Understand the admission process and prepare the eligibility file.

Develop a review plan in preparation for the exam.

TEACHING METHODS

A blend of practical exercises, brainstorming sessions, and self-assessment through numerous questionnaires.

HANDS-ON WORK

Regular exercises on project management methods and techniques are provided to reinforce the theoretical concepts. A revision questionnaire is presented at the end of each chapter.

CERTIFICATION

To take the certification exam, you must register and submit an application on the PMI website. This program is compatible with the 2021 edition of the PMP® exam, whose questions are distributed according to the Talent Triangle: processes (50%), people (42%), and business environment (8%). The course content also prepares candidates for exam questions on adaptive approaches (agile and hybrid). The training includes PMI membership, providing access to all necessary resources for exam preparation as well as multiple benefits (discounts on books and seminars, reduced exam fees, access to several magazines, PMI community meetings, and the acquisition of PDU points).

PARTICIPANTS

Anyone responsible for project management functions. This course is also intended for candidates preparing for the PMP® certification exam.

PREREQUISITES

Solid knowledge of project management methods and techniques, as well as relevant project management experience. Prior to the exam, please verify your eligibility for PMP® certification on PMI.org.

TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more. Participants also complete a placement test before and after the course to measure the skills they've developed.

TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at psh-accueil@ORSYS.fr to review your request and its feasibility.

THE PROGRAMME

last updated: 02/2025

1) Introduction

- Presentation of the prerequisites for taking the PMP® exam.

- Overview of the exam format and registration process.
- Access to and introduction of the online PMI support materials and planned activities.
- Presentation of the case study (Project Shawpe Lifestyle Centre).

2) Business Environment

- Fundamentals of the business environment.
- Strategic alignment.
- Benefits and value of the project.
- Organizational culture and change management.
- Project governance.
- Project compliance.
- Organizational assets.

Hands-on work : Case study of the "Lifestyle Centre" project – exploring the business environment.

3) Project Initiation

- Identifying stakeholders and engaging with them.
- Team formation.
- Establishing a common understanding.
- Deciding on the project approach and methodology.

Hands-on work : Case study of the "Lifestyle Centre" project – project initiation.

4) Project Planning

- Planning projects effectively.
- Defining project scope and product content.
- Creating the schedule.
- Resource allocation.
- Budgeting.
- Risk management.
- Quality management.

Hands-on work : Case study of the "Lifestyle Centre" project – project planning.

5) Project Team Leadership

- Developing leadership skills.
- Creating a collaborative environment within the team.
- Empowering the team.
- Communicating and collaborating with stakeholders.
- Training team members and stakeholders.
- Conflict management.

Hands-on work : Case study of the "Lifestyle Centre" project – project team leadership

6) Supporting Project Team Performance

- Implementing continuous improvement processes.
- Supporting team performance.
- Evaluating project progress.
- Managing issues and obstacles.
- Handling changes.

Hands-on work : Case study of the "Lifestyle Centre" project – supporting project team performance.

7) Project/Phase Closure

- Closing the project or phase.
- Achieving project benefits.
- Knowledge transfer.

Hands-on work : Case study of the "Lifestyle Centre" project – project/phase closure.

8) PMP® Certification Exam Preparation

- Overview of the exam.
- PMI's Code of Ethics and Professional Conduct.
- How to register for the exam.
- Prerequisites.
- The registration process.
- Preparing the eligibility file.
- Exam preparation strategies.

Hands-on work : Guided walkthrough of the steps to move towards the exam, including developing a revision plan.

DATES

REMOTE CLASS

2025 : 24 nov.

2026 : 16 févr., 15 juin, 31 août,
07 déc.