

# Course : Traceability in hospital laundries: the RABC method

*Practical course - 2d - 14h00 - Ref. RAB*

The RABC method is a quality approach designed to limit microbial contamination in the hospital environment. In this training course, you will identify the critical points and corrective actions to be taken to ensure that your laundry and linen circuit comply with standards.

## Teaching objectives

**At the end of the training, the participant will be able to:**

- ✓ Organizing the hospital linen circuit: collection and distribution
- ✓ Implement an effective hazard analysis method
- ✓ Identify actions to be implemented for laundry processing
- ✓ Implement the RABC method at your facility

## Intended audience

Hospital laundry and service agent

## Prerequisites

No special knowledge required.

## Practical details

### Hands-on work

Theoretical input, case studies, role-playing and analysis of participants' practices.

## Course schedule

### PARTICIPANTS

Hospital laundry and service agent

### PREREQUISITES

No special knowledge required.

### TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

### ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more. Participants also complete a placement test before and after the course to measure the skills they've developed.

### TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

## 1 Laying the foundations for quality hospital hygiene

- Linen, hospital hygiene and quality.
- Infectious risks in healthcare establishments: microbes and linen contamination.
- The quality approach and certifications.
- Best practice guidelines.

### Group discussion

Group study of key points in best practice recommendations.

## 2 Understanding the RABC method in laundries

- The 7 main principles of the RABC method.
- Microbiological hazards inherent to specific hospital activities.
- La détermination des niveaux de tolérance des objectifs de traitement et leurs actions correctives.
- The different stages of the RABC method.
- Setting up a regulatory watch.

### Role-playing

Simulations based on topics suggested by participants and trainer.

## 3 Choosing textiles: a major factor in hospital hygiene

- Figures and food for thought.
- The different types of textiles.
- Quantifying the barrier effect of textiles.
- The different categories of linen.
- Recommendations for appropriate hospital attire.

### Exercise

Présentation des bonnes pratiques attendues et confrontation à la pratique habituelle des participants. Exercices sur les différentes catégories de linge.

## 4 Optimize linen distribution organization

- Linen in the departments: dirty and clean linen.
- Laundry outside the hospital: the so-called "dirty" zone and the so-called "clean" zone.
- Mending.
- The distribution room.
- The clean dock.
- Use of equipment: carts, containers, etc.

### Case study

Analysis of situations according to defined procedures.

## 5 Knowing laundry processing procedures

- The laundry process: techniques and benefits of laundry controls.
- Washing equipment.
- Machine loading.
- Product selection and dosage.
- Selection of suitable cycles.

### Hands-on work

Development of instructions and procedures, creation of a summary sheet.

### TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

### ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at psh-accueil@orsys.fr to review your request and its feasibility.

