

# Course : Preventing suicidal risk in elderly patients

Practical course - 2d - 14h00 - Ref. SAA

Price : 940 € E.T.

Suicidal crises are often the result of individual, family and psychosocial risk factors. In the elderly, other factors such as isolation or poor physical condition can also contribute to this risk. The aim of this training course is to convey to professionals the importance of the role they play in preventing suicide in elderly patients.

## Teaching objectives

At the end of the training, the participant will be able to:

- ✓ Detecting suicidal potential in elderly patients.
- ✓ Helping elderly patients deal with their psychological suffering to avoid suicidal acts
- ✓ Recognize the importance of your role in suicide prevention
- ✓ Conducting interviews and intervening effectively in crisis situations

## Intended audience

All professionals faced with the problem of suicide.

## Prerequisites

No special knowledge required.

## Practical details

### Hands-on work

This training program alternates between content presentation, professional scenarios, role-playing and pedagogical sharing.

## Course schedule

### PARTICIPANTS

All professionals faced with the problem of suicide.

### PREREQUISITES

No special knowledge required.

### TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

### ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more.

Participants also complete a placement test before and after the course to measure the skills they've developed.

### TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.

- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

## 1 Misconceptions and epidemiology

- Know the terminology used.
- Understand the epidemiological context worldwide and in France.
- Identify psychosocial and psychiatric risk factors.
- Distinguish between populations at risk.

### Hands-on work

Discussions on the myths and realities of suicidal crises. Quiz on risk factors. Analysis of an example from the field.

### TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

### ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at [psh-accueil@orsys.fr](mailto:psh-accueil@orsys.fr) to review your request and its feasibility.

## 2 The crisis model: equilibrium, vulnerability, crisis

- Understanding the crisis process.
- Distinguish between different types of crisis: psychosocial, psychopathological, psychotraumatic.
- Analyze the link between crisis and psychopathology: depression, psychoses, neuroses, borderline states, etc.
- Apply the diagnostic criteria of the characterized depressive state to assess suicidal risk in the elderly patient.

### Hands-on work

Case scenarios based on videos or participants' own situations. Assessment of suicidal risk in patients.

## 3 Assessing the suicidal potential of elderly patients

- Understanding the difficulties of assessing the suicidal potential of an elderly patient: concept and method.
- Apply the triple assessment of suicidal potential: risk, urgency and danger.
- Identify suicidal elderly people through specific signs and symptoms.

### Hands-on work

Mise en situation sous forme de jeux de rôle en petit groupe. Discussion sur l'évaluation du potentiel suicidaire du patient âgé et des pistes d'intervention.

## 4 Interviews, intervention stages and crisis follow-up

- Understand everyone's role in dealing with suicidal seniors.
- Setting up the stages of intervention in a suicidal crisis
- Establish a bond of trust between the caregiver and the elderly person at every stage.
- Dealing with aggressive or impaired elderly people.
- Mourning after a potential suicide.

### Hands-on work

Role-playing and discussion on assessing suicidal potential and intervention options.