

# Course : Integrating theater techniques into training courses

**Practical course - 2d - 14h00 - Ref. THF**

**Price : 1310 € E.T.**

The pedagogical virtues of theater are universally recognized, but are mainly used by acting trainers. At the end of this course, both experienced and occasional trainers will be in a position to enrich their modules with these theatrical assets, both in design and delivery.

## Teaching objectives

At the end of the training, the participant will be able to:

- ✓ Understand the emotional appeal of theatrical performance
- ✓ Creating a learning progression
- ✓ Select theatrical exercises according to learning objectives
- ✓ Play the role of trainer-actor and improve your rapport with the group
- ✓ Develop para-verbal and non-verbal communication skills

## Intended audience

Trainers, occasional trainers, educationalists, educational engineers, managers.

## Prerequisites

Have already run a few training modules, even occasionally.

## Practical details

### Teaching methods

The teaching method is essentially active, developing learning in three key stages: experimentation, analysis and application.

## Course schedule

### PARTICIPANTS

Trainers, occasional trainers, educationalists, educational engineers, managers.

### PREREQUISITES

Have already run a few training modules, even occasionally.

### TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

### ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more.

Participants also complete a placement test before and after the course to measure the skills they've developed.

## 1 Discover the power of edutainment

- Understand and create the conditions for effective adult learning.
- Identify learning elements related to the pleasure of play.
- Establish essential links between adult and child learning.
- Understand the pedagogical benefits of theater practice.

### Role-playing

Participer à un jeu théâtral de mise en relation "ice breaker". Débriefing de l'expérience.

## 2 Using theater to design your teaching progress

- Optimize pedagogical progress by varying animation methods: participative, informative, immersive...
- Identify the main families of pedagogical exercises borrowed from theater.
- Know how to choose the right theatrical exercises for your teaching objectives.

### Hands-on work

In sub-groups, propose a pedagogical progression and a choice of theatrical exercises to meet the objectives of a given training course.

## 3 Presenting training like an actor: optimizing your expression

- Become aware of the importance of para-verbal (voice) and non-verbal (body) communication.
- Work on your para-verbal impact: tone, flow, volume, articulation, managing breaths and silences...
- Improve your non-verbal impact: gestures, postures, looks, smiles...

### Exercise

Experiment with different para-verbal and non-verbal expression options to become aware of your strengths and areas for improvement.

## 4 Optimizing communication and regulating the group

- Develop your relational assertiveness to better position yourself as a trainer.
- Enhance active listening skills: posture, feedback, reformulation.
- Handling delicate relational situations in training.

### Role-playing

Experiment with various typical relational situations in training to adopt the right reflexes.

## 5 Discover your improvisational skills

- Become the director of your own training by optimizing group dynamics.
- Lead group work sessions using improvisational theater.
- Managing group exchanges through forum theater.

### Role-playing

Experiment with global group facilitation scenarios.

## TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.

- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

## TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

## ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at [psh-accueil@orsys.fr](mailto:psh-accueil@orsys.fr) to review your request and its feasibility.