

# Course : Supervision and analysis of nursing practices

Practical course - 3d - 21h00 - Ref. SUV

Price : 1420 CHF E.T.

This training course gives you a practical understanding of the tools and ethics involved in two often confused practices: supervision and analysis of practices. You will learn how to involve staff and lead working groups in the implementation of these two approaches.

## Teaching objectives

At the end of the training, the participant will be able to:

- ✓ Understanding the difference between supervision and practice analysis
- ✓ Be able to propose and lead supervision and practice analysis groups
- ✓ Enhance ability to guide facility teams in resolving critical situations
- ✓ Tools for facilitating practice analysis or supervision groups

## Intended audience

Nursing or socio-educational staff.

## Prerequisites

No special knowledge required.

## Practical details

### Hands-on work

Theoretical input, case studies, role-playing and analysis of participants' practices.

## Course schedule

### PARTICIPANTS

Nursing or socio-educational staff.

### PREREQUISITES

No special knowledge required.

### TRAINER QUALIFICATIONS

The experts leading the training are specialists in the covered subjects. They have been approved by our instructional teams for both their professional knowledge and their teaching ability, for each course they teach. They have at least five to ten years of experience in their field and hold (or have held) decision-making positions in companies.

### ASSESSMENT TERMS

The trainer evaluates each participant's academic progress throughout the training using multiple choice, scenarios, hands-on work and more. Participants also complete a placement test before and after the course to measure the skills they've developed.

### TEACHING AIDS AND TECHNICAL RESOURCES

- The main teaching aids and instructional methods used in the training are audiovisual aids, documentation and course material, hands-on application exercises and corrected exercises for practical training courses, case studies and coverage of real cases for training seminars.
- At the end of each course or seminar, ORSYS provides participants with a course evaluation questionnaire that is analysed by our instructional teams.
- A check-in sheet for each half-day of attendance is provided at the end of the training, along with a course completion certificate if the trainee attended the entire session.

## 1 Defining and distinguishing different concepts: laying the foundations

- Practice analysis, supervision and guidance.
- Law, deontology, ethics and professional secrecy.
- The question of empathy and resonance.
- Institutional crisis: professional positioning. The four types of crisis.

### Group discussion

Gathering participants' theoretical and practical knowledge.

## 2 Analyze and manage group dynamics

- The dynamics of small groups.
- Systemic and strategic theories of change and communication.
- The creation of a supportive group and its "containing" function: rules, principles, animation and creativity.
- Group dynamics in action: leader, chef and delegate.

### Role-playing

Insight into group dynamics and incident management.

## 3 Implementing supervisory practice

- History of supervision: antecedents and various European experiences.
- What talking means.
- Who do we supervise?
- Demand analysis.
- The clinical instance and group regulation.
- The place and position of the supervisor.

### Hands-on work

A partir de situations concrètes proposées ou vécues par les participants : mises en pratique en atelier et analyse en grand groupe. Partage de bonnes pratiques.

## 4 Creating and leading a practice-sharing group: methods and tools

- The institution/stakeholder relationship.
- The creation of a practice analysis group.
- Methodology: tools and teaching aids.
- Problem definition, time management.
- GAP animation techniques: mini-workshops, tasks, group composition and breakdown.
- Individual and collective process evaluation: creative support.
- Review of best practices.

### Hands-on work

Based on situations proposed or experienced by participants: practical exercises in the workshop and analysis in the large group. Each participant identifies his or her own tools and creates a summary sheet.

## TERMS AND DEADLINES

Registration must be completed 24 hours before the start of the training.

## ACCESSIBILITY FOR PEOPLE WITH DISABILITIES

Do you need special accessibility accommodations? Contact Mrs. Fosse, Disability Manager, at [psh-accueil@orsys.fr](mailto:psh-accueil@orsys.fr) to review your request and its feasibility.